

*Making
Carers Count*

charity registration number 1085491

Carer's Champion

Bulletin—January 2021



Providing information, sharing idea's and supporting and thanking carer champions and all health professionals during this challenging time.

Jane Brown contact details: 07706 285975 or jane.brown@carersinherts.org.uk

Happy New Year to you all

Covid update

We understand that surgeries are working in difficult times coping with the vaccine role out as well as internal staffing challenges. If we can support you in a different way please contact me on my number above so we can discuss further.

We are receiving lots of enquires from carers relating to when they may receive the vaccine and we are reassuring carers at every opportunity with whatever information we have to avoid unnecessary calls to GP surgeries. Any updates of how, when and where your vaccine is being administered in your area would help enormously. Please let me know via email or give me a call.

Vaccination for carers of housebound— Hertfordshire County Council information

'Housebound' people are a particular cohort of people who will be contacted by the NHS to receive vaccinations. We have been given the good news that Carers of this group will also be vaccinated alongside the person they care for if they live in the same house. This group of people have been identified by GPs and we do not have any other information on this. We also know that the Carer will have needed to be identified by the GP ahead of the visit.

You will see from the information above how important it is for carers to be identified and correctly coded with their GP's surgeries to enable them to receive the vaccine as it will be the surgeries that provide this information. Unsurprisingly carers identifying their caring role to surgeries has increased. Carers within the criteria are now at priority level 6 for receiving the vaccine. Full government details on criteria can be found [here](#).

Surgeries are also being contacted by paid care workers. We would suggest you signpost any enquiries to the Hertfordshire Care Providers Association [HCPA](#) (click link) website who can provide the latest information and support paid care workers.

Young Carers Conference—Thursday 18th February 2021

Our Young Carers conference will be held virtually this year on Thursday 18th February. Some of you attended last year and I know from feedback you found it really helpful to hear directly from the young carers. Details of the day are still being put together but once again there will be an opportunity for professionals to join for a short part of the day. If any of you are interested in being involved please email and I will pass to the young carers team.

Jane Brown contact details: 07706 285975 or jane.brown@carersinherts.org.uk

Lower Lee Valley— Wednesday 10th February @1.30pm

Bishop Stortford & Villages— Thursday 11th February @ 12.30pm

Stevenage—Tuesday 16th February @11.00am

Watford—Wednesday 17th February @12.30pm

Dacorum—Thursday 25th February @ 12.00noon

Welwyn & Hatfield—Wednesday 24th February @ 12.30pm

St Albans & Harpenden—Tuesday 2nd March @ 12.30pm

Upper Lee Valley—Tuesday 9th March @ 12.30pm

Hertsmere—Thursday 4th March @ 12.30pm

North Herts—Wednesday 10th March @ 12.30pm

Invites and links will be sent out nearer the time.

One hour training sessions for new champions or a refresher for existing champions

16th February @ 12.30pm Via Zoom

11th March @ 2.00pm via MS Teams

to include: Carer Awareness, role of the champion, how to refer, services and support
Please email or call me to book your place.

Carer Champion Spotlight



Faye Rogers

Faye works at Parsonage Surgery in Bishops Stortford in reception and administration and has been the carer champion for about 18 months. She was happy to take on the role and enjoys most the opportunity of talking to carers on a one to one basis and supporting them wherever possible. In her personal life she enjoys working on her allotment and enjoying some of her favourite things including, milk chocolate, bakewell tarts, monopoly and Coronation Street.

Faye remembers once talking to a carer whose wife was in hospital and he was struggling with getting all the services put together to allow her to come home. She sat down with him and went through all the information he had been given and that little bit of time had made everything clearer for him. Faye has noticed that carers are often confused with all the different services and that it would be better for carers if there was one place where these essential services could be tied up together. It is also important that carers are aware of local activity groups that they could access.

Name of Group	When Meeting
Berkhamsted joint meeting with Hemel Hempstead	Second Tuesday of the month, 10.30am – 11.30am.
Bishop's Stortford	First Wednesday of the month 10.30am – 11.30am.
Borehamwood	Second Thursday of the month, 10am – 12pm noon.
Buntingford	Last Tuesday of the month, 10.30am – 11.30am.
Chorleywood & Rickmansworth	Third Monday of the month 10.30am – 11.30am
Harpenden	Third Thursday of the month 10.30am – 11.30am.
Letchworth Garden City	Third Wednesday of the month 10.30am – 11.30am.
Potters Bar	Last Wednesday of the month 10.30am- 11.30am
Royston	First Thursday of the month 10.30 am – 11.30am.
Stevenage	Last Thursday of the month 10.30am – 11.30am.
Ware	Third Friday of the month, 11am – 12pm noon.
Watford	Second Monday of the month, 10.30am - 12.30pm.

As they are online please do let carers know we would be happy to welcome them at any of these hubs not just their nearest one. We are just requesting that carers book whichever session so we are aware of numbers attending.

Virtual workshops and courses are running. More details of all events can be found [here](#)

Additional Info

In addition to the carers Hub meetings CinH are still holding additional friendly online **Coffee and Chat sessions for carers throughout January, February and March.** These will be held bi-weekly and are usually on Wednesdays at 2pm and Friday mornings at 10am .

For up-to date information or to **book a place on any of the above** call us on 01992 586969 or email: contact@carersinherts.org.uk